



Katherine Holt, Ph.D.

President, Peakinsight LLC

Katherine Holt specializes in transformational coaching, working with executives to achieve breakthrough possibilities for themselves and their businesses. She helps clients build authentic relationships with diverse stakeholders and engage everyone in addressing key challenges. She designs programs to develop leaders who will grow healthy and sustainable organizations as well as high performing ones.

Her coaching clients range from high potentials being groomed for senior roles and wider responsibilities to executives whose careers may be in jeopardy if they cannot modify particular aspects of their leadership style or behavior. She helps clients visualize specific changes they want to make to improve their effectiveness, then set concrete objectives and develop dynamic action plans. Katherine leverages her background in assessment-based behavior change to offer event-based coaching and role-playing to help clients practice handling crucial interactions.

Katherine's niche is global leadership development in Asia-Pacific. She managed a consulting firm in Tokyo and did coaching throughout the region from 1993-2000. She now commutes between California, Colorado, and Asia – where she continues to coach local nationals, facilitate the development of cross-cultural teams, and support the on-boarding of expatriates. She conducts bimonthly Global Leader Labs in Tokyo and advanced coach training in Shanghai.

Change, innovation and sustainability are her paradoxical passions. Katherine uses various tools and approaches to help companies change their cultures and enhance innovation in teams. She challenges clients to take a systemic view of change. She promotes the adoption of sustainable practices to eliminate waste and achieve triple bottom line results.

Dr. Holt earned her Ph.D. in Industrial Relations from the Carlson School of Management at the University of Minnesota. She served on ASTD's Board of Directors from 2000-2002, then received their lifetime professional service award in 2005 and became one of their first CPLP Fellows in 2012. Her research on global leadership has been published in ASTD's *T+D* magazine as well as SIOP's *Industrial-Organizational Psychologist* journal. Recent clients include Agilent Technologies, Apple, BlackRock, BMW, Colgate/Hill's Pet Nutrition, Diageo, Donaldson, Gap, Microsoft, St. Jude Medical, 3M, and World Bank – as well as other consulting firms.

Katherine can be reached at +1-650-339-5579 (cell) or katherine@peakinsight.com